



DIRECTORY



YOUTH SERVICES

SARNIA-LAMBTON

PROVIDED BY

**Sarnia- Lambton
Drug Strategy**



www.drugfreesarnialambton.com

United Way of Sarnia-Lambton

www.theunitedway.on.ca



EMERGENCY

911 911

Crime Stoppers (519) 344-8861, Ext. 5204
1-800-222-8477

OPP Point Edward (519) 336-8691

OPP Corunna (519) 862-4680

OPP Petrolia (519) 882-1011

Sarnia Police (519) 344-8861



CRISIS

Distress Line (519) 336-3000
1-888-347-8737

Canadian Mental Health - Crisis Line
(519) 336-3445
1-800-307-4319

Sexual Assault Survivors' Centre
(519) 337-3320

Women's Interval Home (519) 336-5200

FOOD, CLOTHING, HOUSING



Salvation Army (519) 337-1142

Goodwill (519) 337-4220

Housing Services Lambton County
(519) 344-2057

Inn of the Good Shepherd (519) 344-1746

St. Vincent de Paul Society (519) 337-7089

COUNSELLING & ADVICE

Community Girls Home (519) 542-2481

Financial Fitness (519) 542-1130

Forest Counseling (519) 786-2334

Family Counseling Centre (519) 336-0120

Huron House Boys Home (519) 869-4000

Lambton Family Initiative (519) 337-8110

Social Work (519) 344-5202

Sarnia-Lambton Rebound (519) 344-2841

Boys and Girls Club (519) 337-3651

EATING DISORDERS

Community Health Services (519) 383-8331
1-800-667-1839

ADDICTION SERVICES

www.drugfreesarnialambton.com

Lambton County Addiction Services
(519) 464-4400,
ext. 5370

Kent County Addiction Services
(519) 436-2599

Kids Help Phone 1-800-668-6868

Westover Treatment Centre (519) 692-5110

HEALTH

Bluewater Health (519) 464-4400

Mitton Street Site (519) 464-4500

Charlotte Eleanor Englehart Hospital
Petrolia (519) 882-4325

Chatham - Kent Health Alliance
(519) 352-6400

Erie St.Clair Community Care Access
Centre (519) 337-1000

Community Health Services
(519) 383-8331

Telehealth 1-866-797-0000

West Lambton Community Health Centre
(519) 344-3017

North Lambton Community Health Centre
(519) 786-4545
Kettle Point Office (519) 786-2700



EDUCATION

Adult Education (519) 383-8787
 Catholic District School Board
 1-888-768-2219
 Fanshawe College (519) 452-4430
 Lambton College (519) 542-7751
 Lambton Kent District School Board
 1-800-754-7125
 Learning Disabilities Association of
 Lambton Country (519) 344-4919
 St. Clair College 1-866-336-6139
 Student Loans 1-877-791-2444
 University of Western Ontario
 (519) 661-2111
 University of Windsor (519) 253-3000
 YMCA - Esso Learning (519) 336-5950
 and Career Centre



EMPLOYMENT FOR STUDENTS

Job Connect (519) 541-2404
 Job Connect—Forest (519) 786-6780
 Special Needs (519) 337-2059
 Community Living (519) 332-0560
 The Workplace (519) 337-7377
 Workplace County Outreach
 (519) 882-3724

ONLINE RESOURCES

Community Health Services
www.lambtonhealth.on.ca
 Centre for Addiction and Mental Health
www.camh.net
 Ontario Physical and Health Education
 Association
www.ophea.net
 Canadian Centre on Substance Abuse
www.ccsa.ca
 Health Canada
www.hc-sc.gc.ca
 Ontario Student Drug Use and Health
 Survery
www.camh.net/Research/osdus.html
 National Anti-Drug Strategy
www.nationalantidrugstrategy.gc.ca
 The Lung Association— Lungs are for Life
www.lungsareforlife.ca
 Go Ask Alice
www.goaskalice.columbia.edu
 PBS Kids - It's My Life!
[Http://pbskids.org/itsmylife/games/index](http://pbskids.org/itsmylife/games/index)
 Teen Get Going
www.teengetgoing.com
 Parent Action on Drugs
www.parentactionondrugs.org

IDENTIFICATION REPLACEMENT

Birth Certificates 1-800-461-2156
 Ontario Health Card 1-800-664-8988
 Social Insurance Number (519) 332-2512
 1-800-206-7218
 Driver's License (519) 344-7715
 1-800-387-3445

INFORMATION RESOURCES

Information Sarnia-Lambton
www.informationssarnialambton.org

Canada 411
www.canada411.ca

Yellow Pages
www.yellowpages.ca



YOUR NUMBERS

